

Positivity Playbook:

Building a Winning Culture from the Ground Up



Workshop Overview:

Inspired by Ted Lasso's unique approach to building trust and camaraderie, this one or three day workshop empowers front-line staff to create a positive, resilient workplace. Participants will learn techniques to communicate effectively, support each other, and foster a collaborative environment where everyone can thrive. This condensed version provides the essential skills for managing stress, solving problems with optimism, and promoting a winning team culture.

Key Takeaways:

- Develop positive communication skills to enhance team interactions.
- Gain tools for staying resilient and adaptable under pressure.
- Cultivate a supportive, collaborative mindset that contributes to a high-performing culture.

In the **Positivity Playbook**, we take a practical, hands-on approach to building a culture rooted in trust and connection—where every team member feels valued, motivated, and equipped to contribute their best. Drawing from behavioral insights and real-world applications, this workshop helps participants unlock their potential to create a workplace where positivity isn't just a buzzword but a daily reality. Through immersive activities and engaging discussions, front-line staff will gain actionable tools to navigate challenges with confidence, reduce workplace stress, and spark a collaborative spirit that resonates across the organization. The **Positivity Playbook** isn't just a training session; it's a launchpad for lasting, positive change.

Perfect for team members at all levels, this workshop provides the foundational tools needed to make a meaningful impact on workplace culture.

Single day and 3-day on-site workshops available.

Contact Dr. Jolene Church 951-492-9497 or drjolene@drjolenechurch.com for more information.